**CREATING A TIMETABLE**

**Why Should I have a timetable?**

**From the first Video** <http://www.youtube.com/watch?v=zMW3pOyeqHM>

**What was her timetable like?**

**Do you study like this?**

**From the Second Video** <http://www.youtube.com/watch?v=t8UcnJAHHpY>

**What did the student do with her phone?**

**What did the student do with her computer?**

**What did the student organize before commencing studying?**

**Now write down some ideas on how you might organize your time & space to study -**

**How did you go? Did you get stuck?**

**Here is an idea for after school and on the weekend timetables –**

**A timetable for After School**

**It is important that I have a timetable for school nights where I should do a minimum of 3 hours a night. For example –**

**Assuming I arrive home around 6pm and I have eaten by 7:30 pm then I could be doing 3 hours study until after 10:30 if I have a short break every hour. Of course if I arrive home earlier the timings will be different because I could start earlier and maybe do some more study. During the breaks this is when I answer all those texts, twitters, instagrams, facebook etc. that I ignored while studying.**

**A Timetable for Weekends and Public Holidays**

**On the weekend and any holidays off school I should be doing at least 5 hours of study each day. For example –**

**Being a teenager I might need to sleep in, but the latest I should get up is 9am.**

**Shower have breakfast and start by 10:00am. 10 to 11 study then have a 15 minute break to answer all those texts, twitters, instagrams, facebook etc. that I ignored while studying.**

**11:45 to 12:45 one hour of study. 12:45 to 13:45 lunch and answer all those texts, twitters, instagrams, facebook etc. that I ignored while studying.**

**13:45 to 14:45 one hour of study then break for 15 minutes again to answer all those texts, twitters, instagrams, facebook etc. that I ignored while studying.**

**15:00 to 16:00 one hour of study then break for 15 minutes again to answer all those texts, twitters, instagrams, facebook etc. that I ignored while studying.**

**16:15 to 17:15 one hour of study then break for 15 minutes again to answer all those texts, twitters, instagrams, facebook etc. that I ignored while studying.**

**Of course this is the minimum and if the work is not completed or more study is required then more time may be needed to complete the work after dinner as per the 3 hour a night timetable.**

**Creating Time & Space to Study WS 2 is an example timetable with different times and a blank timetable. Also there are the tips from the student in the second video.**

**Creating Time & Space to Study WS 3 from the creator of the second video has her 10 best tips and also talks about the different Learning Styles.**

**NOTE:** If you find you are weaker in some Learning Styles then try to strengthen those because not everyone is going to teach to your learning style.